

Curriculum Vitae

Personal Data

Name: - Dr Amar Shinde
Age: - 37yrs Birth Date: - 21/03/1979
Address: - Jagruti Rehabilitation Center,
Manjari Farm, Pune-Solapur Rd., Manjari, T- Haveli D- Pune
412307
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Email: - dramar79@gmail.com
Website: - www.jagrutirehab.org

Education

1996-2000	M.B.B.S.	Dr. V.M.M.C., Solapur
2004-2006	D.P.M.	B.J.M.C., Pune

I have learned Psychiatry under esteemed teachers like

Dr Mohan Agashe, Dr Alka Pawar, Dr Vasudeo Paralikar, Dr Archana Javadekar,
Dr Kishor Kale etc.

Work Experience

SR. NO.	INSTITUTE	POST	ADDRESS	DURATION
1	B.J.M.C., PUNE	LECTURER		2006-2007
2	PRIVATE PRACTICE	CONSULTATNT PSYCHIATRIST		2007 TILL DATE
3	NOBLE HOSPITAL	CONSULTATNT PSYCHIATRIST		2007 TILL DATE
4	REGIONAL MENTAL	CONSULTATNT		2008-2010

	HOSPITAL, YERAWADA, PUNE	PSYCHIATRIST		
5	JAGRUTI REHABILITATION CENTER, PUNE	FOUNDER & CONSULTANT PSYCHIATRIST		2008 TILL DATE

SPECIAL WORK

I have special interest in Rehabilitation for psychological patients', hence with the help of my Parents, I started Jagruti Rehabilitation Centre at Hadapsar, Pune in Dec 2008. (www.jagrutirehab.org).

Jagruti Rehabilitation Centre:-

Initially it was 15 bedded set up & now it has grown to 200 bedded Rehabilitation Centre which include 100 beds for Dementia Patients.

Its one of the best psychological centre with > 25 staffs. We have 3 Psychiatrists, Psychologists & Psychiatric social workers etc. All other faculties are visiting to the centre.

We have also developed a small ICU.

Also Hospice & respite care centre in it.

Dementia: - I have more interest in Geriatrics hence we have started Separate Dementia Care ward. Currently we have average 50-60 patients of Dementia patients from all over India. This is one of the few centres in India who looks after Dementia patients. www.jagrutirehab.org

To study Dementia care centres abroad, I visited Various Dementia Centres in Osaka & Okayama, Japan. It improved functioning of Jagruti Dementia Care Centre.

CONFERENCES ATTENDED & AFFILIATION

- ✓ **Organizing Committee member** at 66th ANCIPS Pune
- ✓ **28th CINP International Conference at Stockholm, Sweden 3-7 June 2012**
- ✓ **23rd European Congress of Psychiatry (EPA 2015)**

- ✓ **Clinical Trial :- Chief Investigator of Bioequivalence study of Clozapine (Cadila)**

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OTHER INTERESTS

Travelling, Trekking & Driving

Visited all sea forts in Maharashtra, like Vijay Durg, Sindhudurg, Janjira, Padmadurg, Korlai, Harne, Koolaba fort etc.

Also Raigadh, Rajgadh, Ajinkyatara, panhala, SinghGadh, Purandar, Sajjangadh, Pratapgadh, etc

Also done trek from Velha to Shivthar Ghal near Raigadh.

“I Have a Dream to develop a world class Psychological Institute & Dementia Care Centre”